

## Exam Preparation Answers

### Multiple-Choice Questions (5 marks)

**Choose** the response that is correct or that **best answers** the question.

#### Question 1

Which of the following best describes a subculture?

- a. A change in behaviour that is usually short-lived.
- b. A group of people with common interests, beliefs, or values within a larger group.
- c. An activity that involves food.
- d. A traditional and widely accepted way of doing something.

The answer is not A. This describes a food fad.

The answer is B. This describes a subculture.

The answer is not C. This describes a food practice.

The answer is not D. This describes the term custom.

#### Question 2

Which of the following is a food subculture that relates to the ethical treatment of animals?

- a. Food sovereignty
- b. Veganism.
- c. Judaism
- d. None of the above.

The answer is not A. Food sovereignty focuses on a range of peoples right to define their own food and agriculture systems. It does not have to involve the ethical treatment of animals.

The answer is B. People often become vegan because they consider eating animal products is unethical.

The answer is not C. Judaism does not directly address the ethical treatment of animals.

The answer is not D.

#### Question 3

Which of the following is most likely a contemporary food trend in Australia?

- a. Food sovereignty.
- b. Eating Kosher foods.
- c. Use of industrialised food.
- d. None of the above.

The answer is A. Food sovereignty is a contemporary food trend in Australia.

The answer is not B. People who follow Judaism consume Kosher foods. This is not a religion that is increasing in Australia.

The answer is not C. People are increasing their desire for industrialised foods.

The answer is not D.

#### Question 4

Our growing awareness of climate change and other impacts of the food industry is leading to the development of a range of food movements focused on the environment, ethics, and equity.

An example of such a food movement includes:

- a. The food security network.
- b. The food security alliance.
- c. The Australian Food Alliance.
- d. [The Australian Food Sovereignty Alliance](#)

The answer is not A, B or C. There is no such thing as the Food Security network, the Food Security Alliance or the Australian Food Alliance.

[The answer is B. This describes a subculture.](#)

The answer is not C. This describes a food practice.

The answer is not D. This describes the term custom.

#### Question 5

A push to eat food that is grown and harvested nearby to where it is purchased would be considered:

- a. A religious subculture.
- b. A vegan food movement.
- c. [A local food movement.](#)
- d. An organic food movement.

The answer is not A, B or C.

[The answer is C.](#) Food that is grown and harvested nearby to where it is purchased would be considered local.

**Short Answer Questions** (15 marks)**Question 1** (15 marks)

Identify two contemporary food trends and provide a reason why people are following these food trends. (4 marks)

<p>For two marks, the student needed to identify two current food trends.</p> <p>For an additional two marks, the student needed to provide one reason why people are following these food trends.</p>	
Trend	Reason why people are following this trend.
Health and Wellness	People may feel their health has suffered during COVID, either from having COVID or due to eating too many comfort foods during lockdown. They may be more focused on eating healthy foods now.
An increase in entertaining	Many Australians have experienced lockdowns over the last two years. They are therefore likely to be making up for the lack of entertaining during this time.

**Question 2**

Identify a subculture and describe a food practice of this subculture. (3 marks)

<p>For one mark, the student needed to identify a subculture.</p> <p>Buddhism is a religious subculture.</p> <p>For two marks, the student needed to describe a food practice of this subculture.</p> <p>One of the teachings of Buddhism emphasises no killing and respect for life. For this reason, some monks and believers follow a strict vegetarian diet; others choose to be vegetarian only when celebrating.</p>
--

**Question 3**

Identify a food movement that has resulted due to people's desire to be more sustainable and explain why this food movement is considered sustainable. (3 marks)

<p>For one mark, the student needed to identify a food movement that has resulted due to people's desire to be more sustainable.</p> <p>Veganism.</p> <p>For two marks, the student needed to explain why this food movement was considered sustainable.</p> <p>Many people are choosing to become vegans because they are concerned about how much methane gas that cows are releasing into the atmosphere. Eating no animal products reduces the amount of methane gas being released and is therefore considered more sustainable.</p>
---